## Individual sports coaching requirements The following sports for boy's and girl's Cross country, golf, swim, track, tennis, and wrestling

- What are your core values as a coach?
- What are your programs core values?
  - o How do you implement the core values of the program?
- What is your coaching philosophy?
- What is your character development plan?
- What is your academic achievement plan? Please include information on the following...
  - o Year round eligibility
  - o Grade checks
- What is your player athletic skill development plan?
- Program information to parents and athletes must include the follow...
  - o Character development, and guidelines, program rules
  - o Academic program, study tables, extra work and support, requirements
  - o Parent letters
  - o Requirements for lettering
  - Language registry
  - o Program Code of Conduct, must include the following items
    - Rules for the program
    - Consequences
    - Violations
    - Missing practice, no call, no show
    - Missing practice, excused by you, how
    - Missing conference period and or study table, must have the same consequence and missing practice, no call no show
  - o Weight training program, in season and off season
  - o Player development program in season and out of season
  - o Program philosophy, offense and defense
  - Fundraising
- Assistant coaches and your requirements for there, development, recruiting and retention
- Feeder programs, community youth development, camps, and or clinics
- Community service
- Program needs, wants